

The Reading from the Epistle of the Holy Apostle Paul to the Hebrews (9:1–7)

Brethren, the first covenant, in fact, had regulations for worship and its earthly sanctuary. For a tent was prepared, the outer one, which contained the lamp-stand, the table, and the presentation of the loaves; this is called the holy place. And after the second curtain there was a tent called the holy of holies. It contained the golden altar of incense and the ark of the covenant covered entirely with gold. In this ark were the golden urn containing the manna, Aaron's rod that budded, and the stone tablets of the covenant. And above the ark were the cherubim of glory overshadowing the mercy seat. Now is not the time to speak of these things in detail. So with these things prepared like this, the priests enter continually into the outer tent as they perform their duties. But only the high priest enters once a year into the inner tent, and not without blood that he offers for himself and for the sins of the people committed in ignorance.

The Reading from the Holy Gospel according to St. Luke (10:38–42, 11:27–28)

At that time, Jesus entered a certain village; and a certain woman named Martha welcomed Him into her house. And she had a sister called Mary, who also sat at Jesus' feet and heard His word. But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me." And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her." And it happened, as He spoke these things, that a certain woman from the crowd raised her voice and said to Him, "Blessed is the womb that bore You, and the breasts which nursed You!" But He said, "More than that, blessed are those who hear the word of God and keep it!"

Saints Peter & Paul Orthodox Church

Meriden, Connecticut

website: sspeterpaul.org

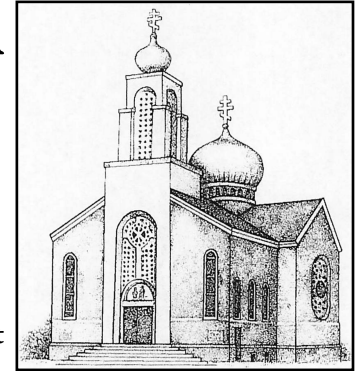
A Parish of the Orthodox Church in America

Fr. Joshua Mosher, Pastor

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17th Sunday after Pentecost—Tone 8
Protection of our Most Holy Lady
Theotokos and Ever-Virgin Mary
October 1, 2023

Ven. Romanus the Melodist (5th c.).
Apostle of the Seventy Ananias (1st c.).
Ven. Sabbas, Abbot of Vishera in
Novgorod (1461). Martyr Domninus
of Thessalonica (4th c.).

Glory to Jesus Christ!

We welcome everyone who has come to this house of the Lord. We especially welcome all guest and newcomers.

Please feel free to follow along with a Divine Liturgy book from the table at the glass doors. For this Sunday and most of the year, we are using the Liturgy of St. John Chrysostom (at the beginning of the book).

Holy Communion is a solemn responsibility: Orthodox Christians who have prepared through Confession, prayer, and fasting may participate. At the end of the Liturgy, everyone is welcome to come forward for a blessing and to share in the blessed bread (called "antidoron," this blessed bread is used in our prayers but is not itself a sacrament).

Afterward, please join us downstairs for fellowship and refreshment. We look forward to greeting you personally, and we are glad that you are here.

Upcoming Events in Parish Life

We invite anyone to pray along with us, following our services online. Visit our website (sspeterpaul.org) for details.

Saturday, Sept. 30	Parish Vigil followed by confessions	5 PM
Sunday, Oct. 1	Divine Liturgy	9:30 AM
Sunday, Oct. 1	FORCC Benefit Dinner in Easton	12:30 PM
Wednesdays	Morning Prayer	8:15 AM
Wed., Sept. 27	Parish Council	6:30 PM
Saturday, Oct. 7	Memorial Service for Anne Kreshik	4 PM
	Anne, a devoted member of our parish, fell asleep in the Lord last week at age 98. She will be buried in Pennsylvania. Condolences may be sent % Andrew Kreshik, 190 Lape Rd, Rensselaer, NY 12144	
	Parish Vigil followed by confessions	5 PM
Sunday, Oct. 8	Divine Liturgy	9:30 AM
Tuesday, Oct. 10	Study of the Gospel of St. Matthew	6:30 PM
	All are welcome: use the Zoom link found here: https://sspeterpaul.org/study We are studying Matthew chapters 9–12.	
Saturday, Oct. 14	Brotherhood Winter Clothing Drive	2–4 PM
	Please deliver clean and gently-used winter clothing to church the week before (Oct. 8–14)	
Oct. 16–20	Fr. Joshua will be attending a retreat in Chicago. In case of an emergency, contact Fr. David Koles (860-573-0013). Otherwise, Fr. Joshua will follow up with pastoral care when he returns.	
Oct. 22	Brotherhood Luncheon—details TBA	
Oct. 27–28	Diocesan Assembly in New Haven	

To share news in the bulletin, or to add someone to our prayer list, please contact Fr. Joshua: priest@sspeterpaul.org or 203-237-4539.

If you would like to commemorate loved ones by lighting the cross in church, please contact Alexia Tassmer: 203-284-0856.

An **updated first aid kit** has been prepared and is placed on the top self of the kitchen. The kit is clearly marked and is fully stocked with fresh supplies of creams, bandages, and pain relief for minor accidents. A full list of supplies is enclosed in the kit. Thank you to Linda Craig for the update.

Our catechumen Jeff Horrock's aunt **Bernice** has departed this life after some weeks in the hospital. Bernice was herself a regular guest in our church. Condolences may be sent to Jeff and his family: 64 Pearl St, New Haven CT 06511. May the Lord keep Bernice in his eternal memory!

We Ask Your Prayers

Many years to all those who have as their heavenly patron the Hieromartyr Cyprian (Oct. 2).

For all choir directors, singers, chanters, readers, composers and bell-ringers (honored on this Church Musician Sunday).

For those celebrating birthdays: Irene Zavednak & Autumn Russell (Oct. 1). MaryEllen Pavlov (Oct. 7).

For the Sick & Suffering:

Mka. Evelyn (Kreta)—broke her wrist, needing additional surgery
Corey (Knap)—nephew of Valentina Knap, recovering from a serious accident
William (Weidmann)—husband of Adrian, suffering from a chronic immune condition similar to multiple sclerosis

Steven (Cardillo)—local Neighborhood Association organizer

Starr (Sarrazin)—friend of Robin Levesque

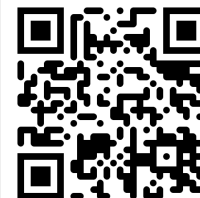
Joyce—friend of Mary Jane Rodgers

Gregory (Mankevich)	Christopher (Sullivan)	
Anita (Propheter)	Rosemary (Delaney)	Douglas (Hodges)
Irene	Lorraine	Jacob
Valerie	Juliana	Katelyn
Crystal	Donald	
Angela	Innocent	
Cyprian and Dana	Nicole and Naaman	Helen and Helene

For Our Shut-Ins:

Yvonne (Rutcho)	Jennie (Padick)
Margaret (Savchik)	Helen (Olsen)

Give thanks to God, and support the work he is doing through SS. Peter & Paul Orthodox Church: <https://sspeterpaul.org/donate>



Use this QR Code to open the same link:

Church Musician Sunday



**October 1,
2023**

Recognizing the important role of music in our Orthodox Christian worship and honoring the directors, singers, chanters, readers, composers, arrangers, and bell-ringers who serve in this sacred ministry.

Hymns of the Day

Tone 8 Troparion (*Resurrection*)

You descended from on high, O Merciful One!
You accepted the three day burial to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to You!

Tone 4 Troparion (*Protection*)

Today the faithful celebrate the feast with joy,
illumined by your coming, O Mother of God.
Beholding your pure image, we fervently cry to you:
“Encompass us beneath the precious veil of your protection;
deliver us from every form of evil
by entreating Christ, your Son and our God,//
that He may save our souls.”

Tone 4 Troparion (*St. Romanus*)

You gladdened Christ’s Church by your melodies like an inspired heavenly trumpet.
You were enlightened by the Mother of God
and shone on the world as God’s poet.//
We lovingly honor you, righteous Romanus.

Tone 8 Kontakion (*Resurrection*)

By rising from the tomb, You raised the dead and resurrected Adam.
Eve exults in Your Resurrection,//
and the world celebrates Your rising from the dead, O greatly Merciful One!

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 8 Kontakion (*St. Romanus*)

You were adorned from childhood with the godly virtues of the Spirit;
you were a precious adornment of the Church of Christ, all-wise Romanus,
for you made it lovely with beautiful hymnody.
Therefore we entreat you, grant your divine gift to those who desire it,//
that we may cry out to you: “Rejoice, all-blessed Father, beauty of the Church!”

now and ever, and unto ages of ages. Amen.

Tone 3 Kontakion (*Martyrs*)

Today the Virgin stands in the midst of the Church,
and with choirs of saints she invisibly prays to God for us.
Angels and bishops worship,
Apostles and Prophets rejoice together,//
since for our sake she prays to the pre-eternal God.

Prokeimenon in the Eighth Tone (*Resurrection*)

Pray and make your vows / before the Lord, our God! (Ps. 75:10a)
Verse: In Judah God is known; His Name is great in Israel. (Ps. 75:1)

Tone 3 Prokeimenon (*Theotokos*)

My soul magnifies the Lord, / and my spirit rejoices in God my Savior. (Lk. 1:46-47)

Before the Gospel, the Alleluia

Verse: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior! (Ps. 94:1)
Verse: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise! (Ps. 94:2)
Verse: Hearken, O daughter, and see, and incline your ear! (Ps. 44:9a)

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)
I will receive the cup of salvation.
Alleluia, Alleluia, Alleluia!

Notes on the Week

In addition to the Protection of the Theotokos and Ever-Virgin Mary, on Oct. 1 we celebrate St. Romanus the Melodist, probably the most prolific hymnographer of the Church. As a young man he struggled profoundly with reading and singing, and was mocked for his poor chanting of the psalms. As he prayed before an icon of the Theotokos, she appeared to him in a vision, instructing him to take and eat a heavenly scroll—just as, in the Old Testament, the Lord had commanded the prophet Ezekiel. That same day, he composed the glorious Kontakion, “Today the Virgin gives birth to the Transcendent One,” which we still sing at Christmas to this day. He composed hundreds of other hymns over his lifetime, and as a deacon taught many others in song. He became known as the Melodist both for his beautiful compositions and his own sweet singing. He reposed in the year 556.