

our Lord's rising from the grave by remaining standing in prayer, but at Kneeling Vespers of Pentecost (immediately after the Divine Liturgy that Sunday), we kneel for the first time.

Some helpful reminders for our prayers during the Paschal season: we are directed to stand (not kneel or make prostrations) to pray, and we do not use the hymn O Heavenly King, until the feast of Pentecost. Instead, we begin our prayers with the Paschal hymn:

Christ is risen from the dead, trampling
down death by death, and upon those in
the tombs bestowing life! (*three times*)

During the ten-day season of Ascension, instead we begin our prayer with the Ascension hymn:

You ascended in glory, O Christ our
God, granting joy to your disciples by
the promise of the Holy Spirit. Through
the blessing they were assured that you
are the Son of God, the redeemer of the
world.

Beyond Our Parish

We are invited to the first Bridegroom Matins Service of Holy Week on Sunday, April 9, at 4 PM, at Holy Trinity Church, 305 Washington St, New Britain. Join our fellow Orthodox Christians from around Connecticut to begin our loving worship of the Lord's freely chosen Passion. There will be a light supper afterward.

Rector's Letter, April, 2023

Dear brothers and sisters:

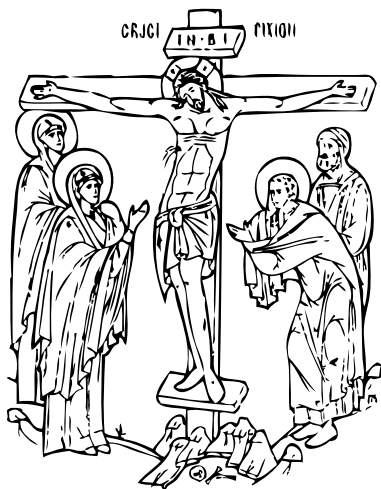
On the evening of Sunday, April 9, we mark the beginning of Holy Week, remembering and sharing in our Lord's journey to the Cross and the Tomb before his resurrection. You can find the schedule of services included in the calendar, and on a separate flyer. It's worth thinking through the significance of the different days and services:

Great and Holy Monday, Tuesday, and Wednesday are dedicated to the Bridegroom: "Behold the Bridegroom comes at midnight, and blessed is the servant whom he shall find watching...." The Bridegroom Matins services are held on the evening *before* each of these days, and serve to focus our attention on what is to come, reminding us that we need to watch and pray every day of our life, because we do not know the day or the hour when we will meet the Lord.

Great and Holy Thursday is devoted to the Mystical Supper. "Mystical" has nothing to do with New Age or magic. "Mystical" literally means "hidden"—so we are celebrating the hidden reality behind the Supper which the Lord celebrated with his disciples before his betrayal, and also the reality behind the Supper that we share in the Divine Liturgy. We can only see bread and wine, but our Lord tells us, "This is my Body broken for you...." Matins of Holy

Thursday is observed on **Wednesday evening**, and we celebrate Vespers and Liturgy on Thursday morning. At this Liturgy, not only do we remember how our Lord first told us to “do this in remembrance of me,” but also we consecrate and prepare the Reserved Sacrament, which is kept in the Tabernacle on the Altar throughout the year, to distribute to the ill and shut-ins who cannot come to church.

Great and Holy Friday begins the Three-Day Passion. On Thursday evening, we celebrate Matins with twelve Gospel readings, taking us from the Last Supper to the garden where our Lord spent the night in suffering prayer, from his betrayal to his unjust trial to his crucifixion and death. It is solemn, awe-inspiring, and the absolute center of our faith. It is also long and demanding on soul and body—be prepared! The next morning we have Royal Hours of Holy Friday, a time for quiet reflection on the Lord’s



crucifixion. It is much simpler than Matins, but also beautiful. Especially if a long evening service is a challenge for you, consider making Royal Hours a focal point in your week.

With Vespers on Holy Friday, we make a transition to the Tomb of our Lord. By now, the

prayerful watch as we remember our long-suffering Lord’s great love.



Our services in the temple are streamed via Youtube. You can most easily find them on our website: <https://sspeterpaul.org/media> .

Our customary day for the **Blessing of Graves at SS. Peter & Paul Cemetery** is St. Thomas Sunday, April 23, with a rain date of Sunday, April 30. If you would like to bless a grave at another cemetery during this Paschal season, please speak with Father Joshua to arrange a time.

After forty days, the Paschal Season concludes with the **Ascension of Our Lord**, on May 25, when our Lord completed the instruction of his disciples and ascended bodily to heaven, promising the gift of the Holy Spirit. We will celebrate on Wednesday, May 24, with Vigil at 6 PM. On the feast itself, we will celebrate Divine Liturgy at 9:30 AM.

The Feast of Pentecost follows ten days later, on Sunday, June 4. On that day, we celebrate the descent of the Holy Spirit upon the disciples, when the apostles began their public preaching and the Church was revealed to all. Until that day, we honor

Around the Parish

We have begun a ten-part online series, “A Foundation in Orthodox Christianity.” We will meet via Zoom on Tuesday evenings, starting with prayer at 6:00. Each session will start with a presentation aimed at a very introductory level, and will have an opportunity for discussion. All are welcome! Join us via this URL: <https://tinyurl.com/sspp-zoom>

Saturday, April 1, is our **parish clean-up day** in preparation for Holy Week and Pascha. We plan to start by 9 AM. All are welcome to help beautify the church inside and out.

We are planning once again to deliver **Easter baskets to families in need** in our church neighborhood. Using our Charity Fund, the parish fills each basket with fun and useful items for school children. Please give generously to the Charity Fund to support this and all our efforts this year. We will assemble and deliver these baskets on Saturday, April 8.

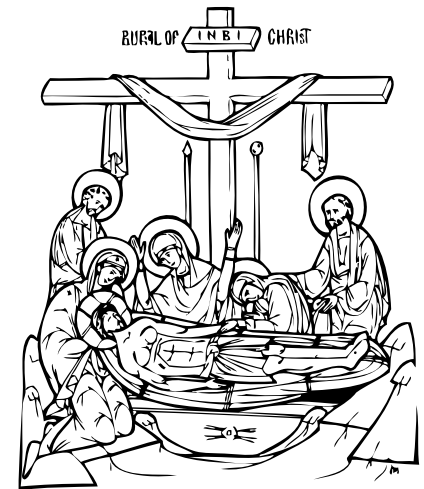
Passion Week or Holy Week begins on April 9, and leads to the Three-Day Passion: Holy Friday, Holy Saturday, and Pascha, the Day of Resurrection. You can find all the services for this week through Bright Monday in the flyer enclosed with this newsletter.

There is an ancient tradition to **keep vigil at the Tomb of Christ** from the evening of Holy Friday until the Paschal Vigil begins the following night. **We are looking for pairs to sign up for periods of the night and day when we don't have services.** Please consider this opportunity to keep

Tomb is set in the middle of the church and decorated with flowers. The Shroud of the Lord is brought out for veneration at this service.

Great and Holy Saturday is devoted to the mystery at the heart of our salvation: the day our Lord lay dead in the Tomb. It seemed an utter defeat, but actually it was the moment of everlasting victory: our Lord descended into Hades, the realm of the dead, broke down its gates and brought out all its prisoners. When the Lord seemed most helpless, he was actually most active. So with Matins on Friday evening, we hear words mixing sorrow and joy. The entirety of Psalm 118/119 is chanted (the same one quoted at the funeral service: “Blessed are you, O Lord, teach me your statutes!”), interspersed with hymns meditating on the meaning of the Cross, the Tomb, and the Resurrection. We also carry the Shroud in procession around the Church, like in a funeral procession.

Vespers and Liturgy of Holy Saturday quietly marks the first celebration of the Resurrection. We hear readings from the Old Testament, all showing how it was necessary for our Lord to suffer and die, to rise again on the third day. At the end of them, we change all



the dark coverings and vestments to our brightest white and hear the first Gospel reading of the Resurrection, with the command from our Lord: “Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age” (Matt. 28:18).

We still await the full day of **Pascha** to begin! We gather again before the Tomb in almost complete darkness Saturday night, and hear some of the same hymns from Matins of Holy Saturday. At their end, the Shroud is taken up and placed on the Altar, where it remains in honor until the Paschal Season ends.

Then all candles are put out, and a fresh light is lit while the priest begins the hymn, “Your Resurrection, O Christ our Savior, the angels in heaven sing. Enable us on earth to glorify you in purity of heart!” After three times, the Royal Doors open, everyone’s candle is lit from that original flame, and we go out in procession, singing the same hymn.

After three times around the church, we stop at the doors to hear a Gospel account of the Resurrection and exchange the Paschal Greeting: “Christ is risen!” “Indeed, he is risen!” When we re-enter the church, all is filled with light, the Tomb is put away, and we pull out all the stops for the Paschal Vigil. Eventually, we come to the Paschal Homily of St. John Chrysostom, which sums up our joy and hope before we celebrate the Liturgy. After the Liturgy, we bless the baskets we have brought, full of festive food and



drink, and then we enjoy our paschal breakfast, sometimes called an “Agape Meal,” literally, “Love Feast.”

Pascha is far too big a feast to fit into just one night, so we pry our eyelids open and gather again for Paschal Vespers at noon on Sunday, which is short and sweet

and bubbling with joy. The joy overflows into **Bright Week**, which we observe with Divine Liturgy on Bright Monday. We hear some of the same hymns from the Paschal Vigil, but we also have a special procession, stopping at the four sides of the church to hear four Gospel accounts of the Resurrection.

We could go on: Thomas Sunday, the Myrrh-bearing Women, the Ascension, Pentecost.... But this is plenty for one month. Come and see!

Yours in Christ,

F. John S. Mosher